

Adolescent Eating Disorder Treatment: Considerations and Future Directions

NZEDC with Professor James Lock, MD, PhD



Friday, 07 March 2025, 9:00am – 4:30pm Hybrid meeting: Auckland Central and Zoom

A unique opportunity to spend time in person with one of the world leading experts in research and treatment for adolescents with eating disorders to discuss important clinical questions when working with children and adolescents with eating disorders. Topics for discussion will include discussion of anorexia and ASD and FBT, FBT with school-age ARFID and cross-cultural implementation of FBT. Other topics will include how the understanding of moderators and mediators of FBT and mechanisms of maintainance of AN informs FBT interventions. Presentation of strategies of future delivery of FBT and training of clinicians.

The teaching day will utilise an interactive format of presentations, case examples and time for questions and discussion and is suitable for all clincians/teams working with children and adolescents including psychiatrists, psychologists, psychotherapists, social workers, occupational therapists and medical practitioners.

An informative and stimulating learning opportunity not to be missed!

\$400.00 NZD excl. GST (\$460.00 incl. GST) \$400.00 AUS (no GST)

Auckland Venue:

The Parnell Hotel and Conference Centre 10-20 Gladstone Road, Parnell, Auckland *Morning tea & lunch provided*

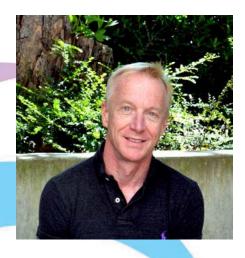
To register please complete the online registration form on <u>www.nzedc.co.nz</u> Or email scanned registration form to admin@nzedc.co.nz



Professor Dr James Lock, MD, PhD

Faculty co-founder of the Training Institute for Child and Adolescent Eating Disorders

James Lock, MD, Ph.D. is Professor of Child Psychiatry and Pediatrics and Associate Chair in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he also serves as Director of the Eating Disorder Program for Children and Adolescents. Dr Lock has published over 300 articles, abstracts, books and book chapters. He has been continuously funded by NIH since 1998. His recent research focuses on integrating treatment research with neuroscience in eating disorders, including examining neurocognitive processes and their functional and neuroanatomical correlates.



He has lectured widely in the US, Canada, Europe, South America, Asia and Australia and New Zealand. He was awarded the Price Family Foundation Award for Research Excellence in 2010 and the Leadership award from the International Academy of Eating Disorders in 2014.



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